

Fabulous for the Holidays

By Kate Elliott

As far as seasons go—holidays are definitely the most lucrative time to meet people. Whether you're attending a work party, a friend's holiday dinner or a special night on the town, when the holidays are near, people are generally happier, friendlier, and better looking than any other time of the year! When you look your best bustling around the city gathering goodies for friends and family, there are sure to be people who notice. After all, what is a holiday without that fateful kiss underneath the mistletoe to top of the night... naughty *or* nice right?

The best advice for this festive season is: always say *yes* (within reason of course!) Say yes to cocktails with friends, to an after work get-together, or to that craving for Pumpkin Spice Latte that may have you bumping into someone you know. Any way you look at it, the holidays afford us time to relax and reconnect with ourselves and the things that are most important to us. If spending time with family is high on your list, why not invite a good friend along and maybe they will do the same for you? There's nothing like the cute cousin of a good friend to top of the evening!

Looking good during the holiday means indulging in all things that make you both look and feel fabulous! Buy yourself that leather jacket you've been eyeing since October, or get a facial on a Wednesday afternoon just because. Not only will your self-pampering make you feel more attractive to others, your positive energy and appearance will be noticed by all who surround you. Glowing is definitely in.

Single this season? Perfect! Office parties, social outings at downtown hot spots or a casual dinner with your neighbors may turn up some unexpected joy this year. If you're feeling at all lonely, or overwhelmed by all the holiday cheer spewing from the streets, why not, instead of shacking up with the first "other single person" you meet at a party, volunteer at a soup kitchen or shelter for some holiday help. It will warm your heart and will make someone else feel good. That *is* what this time of year is all about isn't it?

If you're tangled in a love nest this season, don't forget to tell your special someone that you are thankful. Lavish gifts will always work, and shiny things are a welcome addition to any collection, but the best gift is one that is thoughtful and filled with just the right amount of you. Tell them 10 things you love about them and you'll be sure to get your share of happiness.

Remember that holidays are all about attitude. If you are happy, outgoing, open to trying things and meeting people, then you will have no problem filling your schedule this season. This is the time of year to be grateful for what you've got, the friends and family who love you, and all the great outfits you get to wear!

